

2023 EDITION

MUSLIM-FRIENDLY

HIROSHIMA & WESTERN HONSHU



HIROSHIMA / YAMAGUCHI / OKAYAMA / SHIMANE / TOTTORI

ASSALĀMU ALAYKUM. GREETINGS FROM THE CHUGOKU REGION.

As Japan welcomes more and more visitors from around the world, efforts are being made to accommodate a diverse range of dietary needs. Only a limited number of restaurants, hotels and facilities cater to Muslim travelers in the Chugoku Region (located at the western end of Japan's main island of Honshu and made up of the five prefectures of Hiroshima, Okayama, Tottori, Shimane and Yamaguchi). We hope, however, that this guide will be useful to Muslim travelers visiting our region and help make their stay a pleasant one.

Chugoku Transport and Tourism Bureau

Chugoku Economic Federation

国土交通省中国運輸局
(一社) 中国経済連合会

Note:

Information correct as of March 2023. Please be aware that things do change.

Listings selected under the guidance of Hiroshima Islamic Cultural Center. Please be aware, however, that listings are based upon the declaration of the listed businesses themselves. We do recommend that Muslim diners ask restaurant staff to confirm whether menu items use Halal ingredients or contain any pork or alcohol products when ordering.



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Chugoku Economic Federation
Edited by JizoHat & designed by judi-design.jp
Contact: muslimguide@hiroshima-icc.org

www.hiroshimatours.info/pdf/muslimguide.pdf

発行者 中国運輸局、中国経済連合会

GUIDE TO SYMBOLS

- Halal-certified meat served
- No pork or pork-derived ingredients on the premises
- Vegetarian options available
- No alcohol or alcohol-derived ingredients on the premises
- Prayer space available
- Take out available
- English menu
- English spoken
- Free WiFi
- Credit Cards accepted
- Non-smoking

IF IN DOUBT...

I am a Muslim.
私は、ムスリムです。

Do you have any dishes that..?

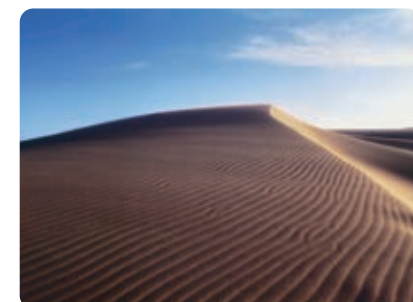
以下の料理の提供は可能ですか。

- ☐ Do not contain pork products (including bacon, ham, sausage, lard, gelatin)
豚や豚由来材料 (ベーコン・ハム・ウィンナー、ラード、ゼラチン等) を含まない料理
- ☐ Do not contain alcohol (including cooking wine, sake, mirin rice wine)
アルコール (料理酒、みりん、酒精等) を含まない料理
- ☐ Use Halal meat
ハラール認証肉を使用した料理

CHUGOKU REGION



Matsue Castle, Matsue City (松江城)
© Shimane Prefecture



Tottori Sand Dunes, Tottori City (鳥取砂丘)
© Tottori Prefecture

--- JR Train
--- Shinkansen
--- Bus

OSAKA
KYOTO

HIMEJI

OKAYAMA

From Osaka: 45/50 min
From Hiroshima: 35/40 min

(All times approximate)

YAMAGUCHI

HIROSHIMA

From Osaka: 80/90 min
From Okayama: 35/40 min

SHIN-YAMAGUCHI

From Hiroshima: 30/50 min



Rurikoji Temple, Yamaguchi City (瑠璃光寺)
© Yamaguchi Prefecture



A-bomb Dome, Hiroshima City (原爆ドーム)
© Hiroshima Prefecture



Okayama Castle and Korakuen Garden, Okayama City (岡山城・後楽園)
© Okayama Prefecture

HIROSHIMA

HIROSHIMA, MIYAJIMA, HIGASHI-HIROSHIMA



Halal-certified meat served

No pork cooked on premises

Vegetarian options available

No alcohol used in cooking

Prayer space available

Take out available

1 Italian
MORETHAN HIROSHIMA
MORETHAN 広島
Average price:
Lunch ¥5000
Dinner ¥8000
7:00-23:00
Open everyday
Regular menu includes pizza marinara and grilled mixed vegetables.
THE KNOT HIROSHIMA 1F 3-1-1 Otemachi, Naka-ku, Hiroshima | Tel: 082-569-9069

2 Japanese
ZICON
而今
Average price:
Lunch ¥5000~
Dinner ¥5000~
11:30-23:00
Occasional holidays
www.facebook.com/zicon1982
Reservations required for both meals and take out bento lunch boxes.
2F 6-10 Shintenchi, Naka-ku, Hiroshima | Tel: 082-258-2229

3 Okonomiyaki
ORIGAMI
オリガミ
Average price:
Lunch ¥1500
Dinner ¥2500
11:30-13:30 (L.O.) (except Sun, Mon)
17:30-21:00 (L.O.) (Occasional holidays)
www.instagram.com/halal_hiroshima_okonomiyaki
Muslim-friendly Hiroshima soul food. Separate cooking area. Groups welcome.
1F 3-2-18 Otemachi, Naka-ku, Hiroshima | Tel: 082-243-3873

4 Organic cafe
KISSA SAEKI
喫茶さえき
Average price:
Lunch ¥1000
Dinner ¥2000
10:00-18:00
Closed 2nd & 4th Sunday
http://kissa-saeki.com
Prayer space available on request. Private room for groups of up to 30.
1-4-25 Kamiya-cho, Naka-ku, Hiroshima | Tel: 082-246-9339

5 Japanese
YAMAICHI BEKKAN
宮島山一別館
Average price:
Lunch ¥2500
Dinner ¥2500
11:00-14:00 Weekdays, 11:00-15:00 Weekends 17:00-18:30 Irregular opening (please call in advance), Occasional holidays
Japanese cuisine (incl Wagyu Beef) near ferry terminal on Miyajima.
1162-4 Miyajima-cho, Hatsukaichi | Tel: 0829-44-0700

19 Grocery
HIROSHIMA HALAL FOOD
広島ハラルフード
11:00-19:00
Closed Tuesday
4-14 Kojin-machi, Minami-ku
Hiroshima | Tel: 090-9463-2577

7 Vegetarian (vegan-friendly)
SAISHOKU-KENBI
菜食健美
Average price:
Lunch ¥1000
(Dinner ¥2500)
11:00-16:00 (L.O. 15:00)
Closed Tuesday & occasional holidays
daisho-kikaku.com/hiroshima
10 min by taxi from Nishi-hiroshima. Dinner available for groups of 4 or more with reservation 3 days in advance. Private bookings OK. Prayer space occasionally unavailable.
4-32-2 Koi-ue, Nishi-ku, Hiroshima | Tel: 082-271-3770

6 Oyster hut
SHIMADA SUISAN
島田水産
Average price:
Lunch ¥2500
Dinner ¥2500
10:00-16:00 Weekdays, Sun, Nat Hols 10:00-19:00 (or when oysters sell out) Saturday Occasional holidays / shimadasuisan.com
Opening hours vary according to the season. Reserve one day in advance for Itsukushima Shrine pleasure cruises and to view oysters being pulled out of the sea.
1-2-6 Miyajimaguchi-nishi, Hatsukaichi | Tel: 0829-30-6356

8 Japanese
HILTON HIROSHIMA
ヒルトン広島
Average price:
Lunch ¥5000~
Dinner ¥8000~
Please refer to the hotel website
www.hilton.com/en/hotels/hijshhi-hilton-hiroshima/
Halal food can be arranged with reservation three weeks in advance.
11-12 Fujimi-cho, Naka-ku, Hiroshima | Tel: 082-243-2700

9

Indian

CHIDIYA KANAK

インド料理チュリヤカナック

Average price:

Lunch ¥1000

Dinner ¥1600

11:00-15:00 (L.O.14:30)

17:00-22:30 (L.O.22:00)

Sunday 17:00-21:30 (L.O.21:00) Closed Tuesday

kanak-hiroshima.com/en

ENG

Prayer space unavailable when busy.

2-2-10 Ote-machi, Naka-ku, Hiroshima | Tel: 082-236-7308

11

Indian, Asian

SAPANA

サバナ

Average price:

Lunch ¥1000

Dinner ¥1500

11:00-14:30

17:00-22:30

ENG

Groups of up to 30. Many vegetarian options.

2-10-18 Tokaichi-machi, Naka-ku, Hiroshima | Tel: 082-233-1326

13

Indian, Nepali

NAMASTE

ナマステ八丁堀店

Average price:

Lunch ¥1000

Dinner ¥2000

11:00-15:00

17:00-22:00

Closed January 1

ENG

Great selection of Muslim-friendly Indian and Nepali food to eat in and take away.

3F 11-13 Hatchobori, Naka-ku, Hiroshima | Tel: 082-222-3240

15

Halal bento & Prayer space

SUMIYA SPA & HOTEL

スミヤスパ＆ホテル

Average price:

Lunch ¥800

Dinner ¥800

6-18 Kyobashi-cho,

Minami-ku, Hiroshima

Tel: 050-3398-5024

16

Grocery & Prayer space

HALAL SHOP SAJO

ハラルショップ西条

11:00-18:00

Closed Monday, Tuesday

7-7 Saijo-Asahi-machi, Higashi-Hiroshima | Tel: 090-4893-2610

17

Prayer space

HIROSHIMA ISLAMIC CULTURAL CENTER

広島イスラーム文化センター

www.hiroshima-icc.org

4F 2786-1 Taguchi, Saijo-cho Higashi-hiroshima

10

Turkish/Mediterranean Cuisine

KARŞIYAKA

カルシャカ

Average price:

Lunch ¥1300

Dinner ¥3500

11:00-14:00 Sat, Sun, National Holidays

17:00-22:30 Every day

ENG

All dishes are Halal. Prayer space unavailable when busy.

2-6-20 Ote-machi, Naka-ku, Hiroshima | Tel: 082-247-2202

12

Indonesian

WARUNG MATAHARI

インドネシア屋台 ワルンマタハリ

Average price:

Lunch

Dinner ¥2500

17:30 - 21:30 (L.O. 21:00)

Closed Monday, Tuesday

www.warungmatahari.com

ENG

Indonesian cuisine prepared by a Balinese owner-chef.

5-8-13 Ote-machi, Naka-ku, Hiroshima | Tel: 082-240-2082

14

Noodles

TAIKO UDON

太閤うどん中町店

Average price:

Lunch ¥1000

Dinner ¥2000

11:00-15:00 (L.O.14:45)

17:30-21:30 (L.O. 21:00) / Closed Monday

www.taiko-udon.com

ENG

Stylish noodle shop near Peace Blvd. Halal certified meat and vegan dishes.

1F Hiroshima TV Plaza, 6-30 Nakamachi, Naka-ku, Hiroshima | Tel: 082-258-3447

18

Cafe

HARA DONUTS

はらドーナッツ広島店

Price: ¥130~

10:00-20:00

haradonuts.jp/hiroshima.html

Healthy preservative-free soy donuts.

3-13 Mikawa-cho, Naka-ku Hiroshima | Tel: 082-240-0826

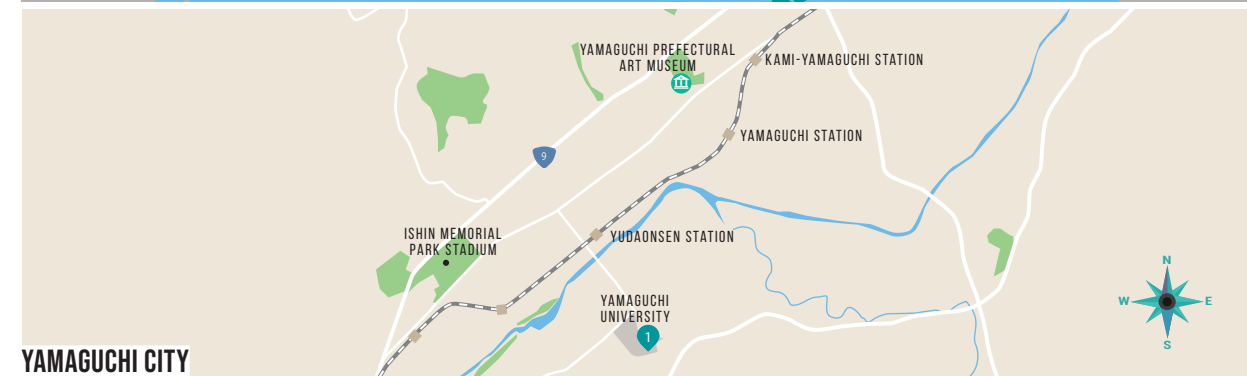
HALAL-CERTIFIED TREATS

Halal-certified versions of Miyajima's most popular gifts, now available courtesy of Yamada-ya

Yamada-ya, maker of Miyajima's popular leaf-shaped *momiji-manju*, sells Halal-certified boxes of the cakes stuffed with sweet bean paste, as well as *shakushi-senbei* crackers.

YAMAGUCHI

YAMAGUCHI



1

Univ. cafeteria

YAMAGUCHI UNIV. COOP BUONO

ボーノ

Average price:

Lunch ¥500

Dinner ¥500

Monday-Friday 08:00-20:00

Saturday 11:00-14:00

Closed Sunday, National Holidays

ENG

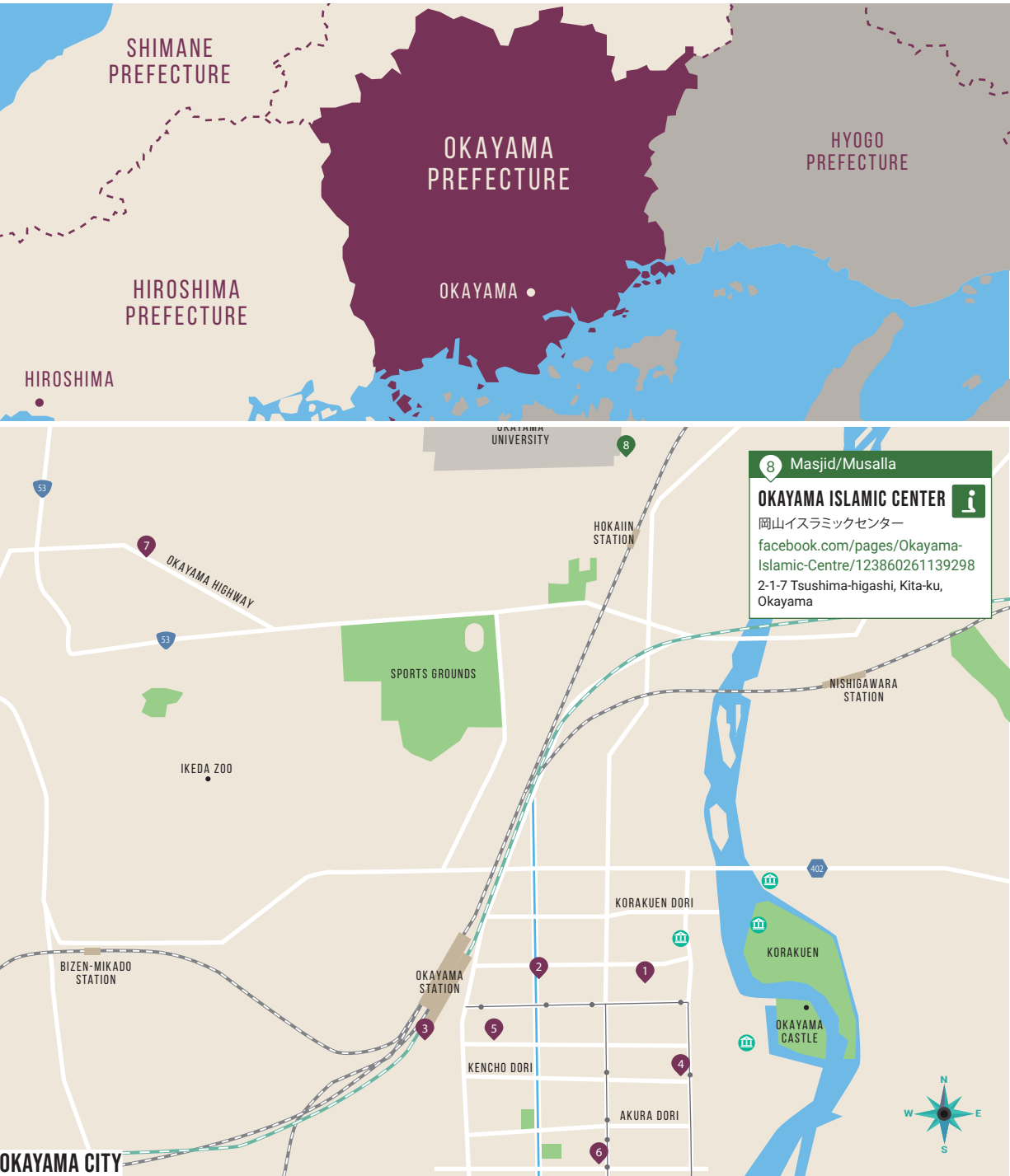
Only open Mon-Fri 11:00-14:00 in February, March, August, September

1677-1 Yoshida, Yamaguchi | Tel: 083-995-2706



OKAYAMA

OKAYAMA



Halal-certified meat served

No pork cooked on premises

Vegetarian options available

No alcohol used in cooking

Prayer space available

Take out available

1 Shabu-shabu, Sukiyaki

HITORI NABE MEGU
ひとり鍋 恵

Average price:
Lunch ¥2000
Dinner ¥4200

11:00-14:00 (L.O.13:30)
17:30-22:00 (L.O.21:00)
Closed Tuesday

Prepares Halal beef sukiyaki with reservation 1 week in advance.

2-1 Tenjin-cho, Kita-ku, Okayama | Tel: 086-289-5341

2 Indian

MILENGA
ミレンガ

Average price:
Lunch ¥1000
Dinner ¥1500

Mon-Sat 11:00-20:00 (L.O.19:20) Sun, Nat hols 11:00-18:00 (L.O.17:20) Closed first Tuesday of the month / milenga.themarket.co.jp

Halal-certified restaurant that offers Indian home-style cuisine.

1F Oka Bldg 1-3-3 Nodaya-cho, Kita-ku, Okayama | Tel: 086-206-2289

3 Hotel restaurant

HOTEL GRANVIA OKAYAMA DINING & BAR APPLAUSE
ホテルグランヴィア岡山
ダイニング&バー アプローチ

Average price:
Lunch ¥5000
Dinner ¥5000

11:30-14:30 / 17:30-23:00
granvia-oka.co.jp/stay/muslim

¥5,000 Muslim-friendly course meals served with reservation 3 days in advance at Applause on 19F. Please ask at reception before using the prayer room.

19F 1-5 Ekimoto-machi, Kita-ku, Okayama | Tel: 086-233-3138

4 South American

PERU GRILL
ペルーグリル

Average price:
Lunch ¥1000
Dinner ¥2000

11:00-15:00 (L.O. 14:00) Wed-Sun, 18:00-22:00 (L.O. 21:00) Wed-Sat, 18:00-21:00 (L.O. 20:00) Sun, Closed Monday, Tuesday

Reservation recommended on the weekend.

1-8-33 Omote-cho, Kita-ku, Okayama | Tel: 086-201-7275 | email: info@perugrill.jp

5 Cafe

CAFE MONI
カフェモニ

Average price:
Lunch ¥900
Dinner ¥1150

11:30-23:00
Occasional holidays
industries-moni.com

Cafe and wide dessert menu. Muslim-friendly menu available.

10-22 Honmachi, Kita-ku, Okayama | Tel: 086-231-5455

7 Donuts

MALASADA DONUTS
マラスアダーナツのお店

Price:
¥150~

Tue-Fri 11:00-19:00
Sat, Sun, Nat Hols 11:00-18:00
Closed Monday

Donuts marked with a peach logo are Muslim-friendly.

3-1-28 Tsushima-kyomachi, Kita-ku, Okayama | Tel: 086-253-6661

6 Cafe

CAFE SEED OF LIFE
カフェシードオブライフ

Average price:
Lunch ¥1500
Dinner

11:00-19:00
Closed Wednesday

Vegan menu (15 vegetable vegan plate, curry etc).

3-19 Chuo-cho, Kita-ku, Okayama | Tel: 086-230-3401

HALAL-CERTIFIED TREATS

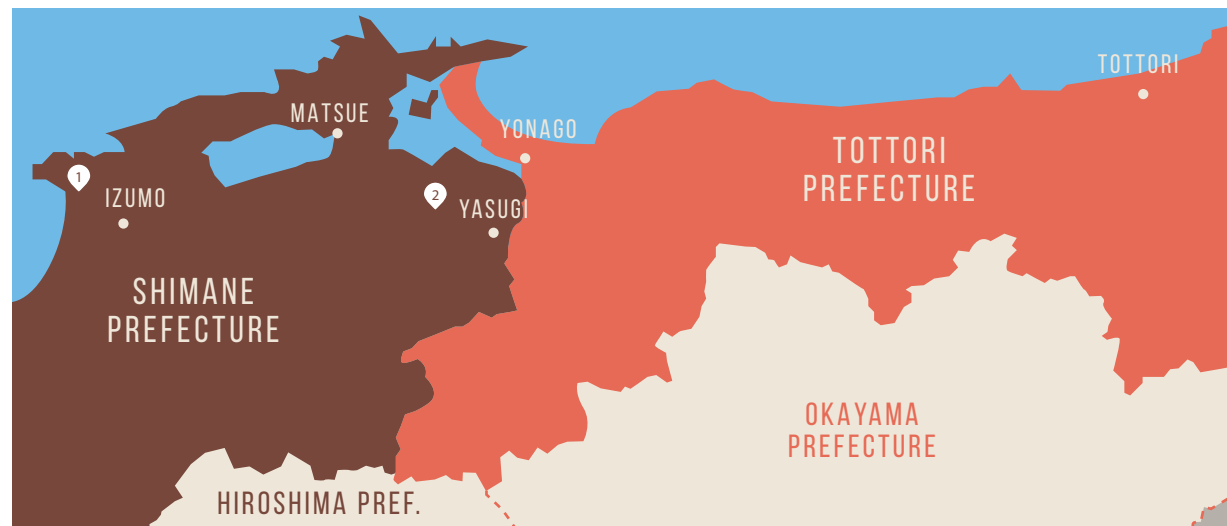
Kids will love these cute Halal-certified Japanese sweet

Kibi-dango sweets, associated with the tale about a boy called Momotaro who battles demons with the help of three animal companions, are Okayama's top souvenir. Koeido produces a range of eight Halal-certified flavors.

© koeido

SHIMANE TOTTORI

MATSUE, IZUMO, TOTTORI, YONAGO



1 Vegan

THE GIFT IZUMO
ザギフトイズモ

Average price:
Lunch ¥1000
Dinner

9:00-16:30
Closed Wednesday
<https://izumo-herbs.com>

5-min walk south of Izumo Taisha. Herbal tea & gluten free desserts also available.

2F 861-1 Taishacho Kizuminami, Izumo | Tel: 0853-77-7159

3 Univ. cafeteria

SHIMANE UNIV. COOP NIKORA 2F ニコラ

Average price:
Lunch ¥500
Dinner

11:30-14:00 (L.O. 13:30)
Closed Sat, Sun, Nat Hols
www.shimadai.coop

Shimane Mosque located in front of the university gates.

1060 Nishi-kawatsu-cho, Matsue | Tel: 0852-32-6246

2 Japanese ryokan

CHIKUYOU
竹葉

Average price:
Lunch ¥1700
Dinner ¥4950*

11:30-14:00 / 18:00-21:00
Occasional holidays
english.chikuyou.jp / info@chikuyou.jp

Reservation 3 days in advance required for Halal course meal. Groups of up to 40. Overnight stay and use of private bath available. * Credit card payment, overnight guests only.

438 Furukawa-cho, Yasugi | Tel: 0854-28-6231

4 Indian

SPICE
インド料理スパイス

Average price:
Lunch ¥1300
Dinner ¥1700

11:30 - 21:30 (L.O. 21:00)
Closed Tuesday (open if National Holiday)
www.spice-matsue.com

Indian food in Matue city. Organic chai and homemade desserts also available.

1-16-26 Gakuen, Matsue | Tel: 0852-27-7720

- Halal-certified meat served
- No pork cooked on premises
- Vegetarian options available
- No alcohol used in cooking
- Prayer space available
- Take out available

5 Vegan cafe

ORIBIO TOTTORI
オリビオ 鳥取店

Average price:
Lunch ¥1200
Dinner

11:00-14:00 (lunch) 14:00-17:00 (cafe)
Closed Sun, Mon, Tue, Wed
tottorioribio.business.site

Located across the street of Tottori Masjid.

1-743 Koyama-cho-nishi, Tottori | Tel: 0857-28-7388

7 Vegan

HIBI-NO-KATE
日々の糧

Average price:
Lunch ¥1000
Dinner

11:00-15:00
Closed Sunday
hibinokate.com

Reservation by email 2 days in advance required. Accomodation of other dietary needs also possible.

2F 197 Meiji-cho, Yonago | Tel: 0859-34-3773

9 Prayer space

SHIMANE MOSQUE & ISLAMIC CULTURAL CENTER
島根モスク・イスラーム文化センター

www.facebook.com/shimanemosque

3F Sakata Bldg. 2-16-24 Gakuen, Matsue



6 Organic cafe

HANA-AMI
はなあみ

Average price:
Lunch ¥1200
Dinner

11:30-16:00
See IG for holidays
www.instagram.com/hanaami_nana_risa

Reservation by telephone 7 days in advance required.

75-4 Fukuichi, Yonago | Tel: 0859-57-4894

8 Prayer space

TOTTORI MASJID
鳥取マスコ

www.facebook.com/islamtottori

5-677 Koyama-cho-minami, Tottori (Near University of Tottori)



- Halal-certified meat served
- No pork cooked on premises
- Vegetarian options available
- No alcohol used in cooking
- Prayer space available
- Take out available

I'M AFRAID I CAN'T EAT~

すみませんが～を食べられません。
(sumimasen ga ~ o taberaremasen)

BEEF  牛肉 gyū-niku	PORK  豚肉 buta-niku	CHICKEN  鶏肉 tori-niku	FISH  魚類 (經節など) gyo-rui
BEEF STOCK  牛出汁 gyū-dashi	PORK STOCK  豚出汁 buta-dashi	CHICKEN STOCK  鶏出汁 tori-dashi	FISH STOCK  魚出汁 sakana-dashi
SHELLFISH  貝 / 甲殻類 kai / kōkaku-rui	EGG  卵 tamago	MILK  牛乳 gyūnyū	CHEESE  チーズ chīzu
BUTTER  バター batā	REFINED SUGAR  白砂糖 shiro-zatō	HONEY  蜂蜜 hachimitsu	SOY  大豆 daizu
PEANUTS  ピーナッツ pinattsu	NUTS  ナッツ nattsu	GLUTEN  グルテン guruten	ALCOHOL  アルコール arukōru



"X" out the foods you wish avoid and show when ordering.



Japan. Endless Discovery.